

- Click on Sign In/Register
- If you are a new online customer, you must click on SIGN UP TODAY in the 'New Customer?' box.
- Sign up for a Kroger Rewards Account by entering zip code, clicking on favorite store, entering your email address and creating a password, agreeing to the terms and conditions
- You will then get a message to check your email inbox and click on the link within the body of the email.
- Click on My Account and use your email address and password to proceed to the next step.
- Click on Edit Kroger Community Rewards information and input your Kroger Plus card number.
- Update or confirm your information.
- Enter FLOW's NPO number, which is 84562.
- To verify you are enrolled correctly, you will see FLOW's name on the right side of your information page.
- REMEMBER, purchases will not count for FLOW until after you register your card(s).
- Do you use your phone number at the register? Call 877-576-7587                      877-576-7587                      to get your Kroger Plus card number.