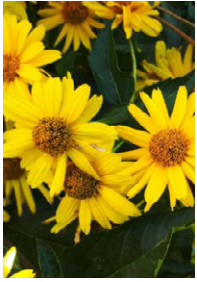


Native seeds from FLOW

These plants are native to Ohio and will benefit native bees and butterflies by either providing nectar or a place to lay eggs, or both. Most need to be stratified (go through 30-60 days of moist cold) before being planted. Planting in late fall when the soil is cold or storing seed in damp soil in the refrigerator during the winter are ways to stratify. Prairiemoon.com gives great details on germination.

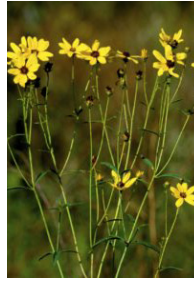


Oxeye (false or early) Sunflower

Heliopsis helianthoides

Full or part sun

Blooms June-Sept.
Height 5 ft.
Med. wet to med. dry soil



Coreopsis (sp)

Coreopsis

Full or part sun

We aren't sure which variety of coreopsis this is, but it will provide summer to fall blooms. Medium wet to medium dry soil.



Purple Coneflower

Echinacea purpurea

Full or part sun



Sullivant's (Prairie) Milkweed

Asclepias sullivantii

Full sun

Medium-wet to medium soil. Milkweed is the only host plant for the monarch butterfly. Bloom June-Aug. Does not spread as vigorously as common milkweed.



Bee Balm (Wild Bergamot)

Monarda fistulosa

Full or part sun

Can be planted in spring, on bare soil, and will germinate without stratification. A favorite of bees, butterflies, and hummingbirds.



Butterfly Milkweed

Asclepias tuberosa

Full or part sun

Medium to dry soil. Milkweed is the only host plant for the monarch butterfly. Blooms June-Aug.



Nodding Wild Onion

Allium cernuum

Full or part sun

Blooms July-Aug.



Blue False Indigo

Baptisia australis

Full or part sun

Blooms May-July



Goldenrod (sp)

Solidago sp.

There are many varieties of goldenrod; we aren't sure which one this is. They generally need full to part sun, medium dry soil, and can often grow up to 5 ft. with late summer or fall bloom time.



Rough Blazing Star

Liatris aspera

Full or part sun

Medium to dry soil. Blooms July-Oct.



Common Milkweed

Asclepias syriaca

Full or part sun

Medium-wet to dry soil. Milkweed is the only host plant for the monarch butterfly. Plant late fall or early spring. Blooms June-Aug.



Culver's Root

Veronicastrum virginicum

Full or part sun

Moist, well drained soil. Sow seeds directly on soil in fall or spring.